

THE COSTS OF EYE CARE

EYE CARE IS IMPORTANT, BUT IT CAN BE EXPENSIVE. WHETHER YOU ARE PAYING FOR GLASSES OR INVESTING IN LASIK, WE'VE BROKEN DOWN ALL THE COSTS ASSOCIATED WITH TAKING CARE OF YOUR SIGHT.

VISION INSURANCE

VISION INSURANCE COVERS THE BASICS:



EYE EXAMS



GLASSES



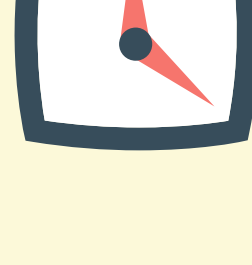
CONTACTS

INDIVIDUAL INSURANCE PLANS COSTS ABOUT
\$15 - \$60/MONTH WITH COPAYS

GROUP INSURANCE PLANS COSTS ABOUT
\$5 - \$7/MONTH.

EYE EXAMS

WHEN SHOULD YOU HAVE AN EYE EXAM?



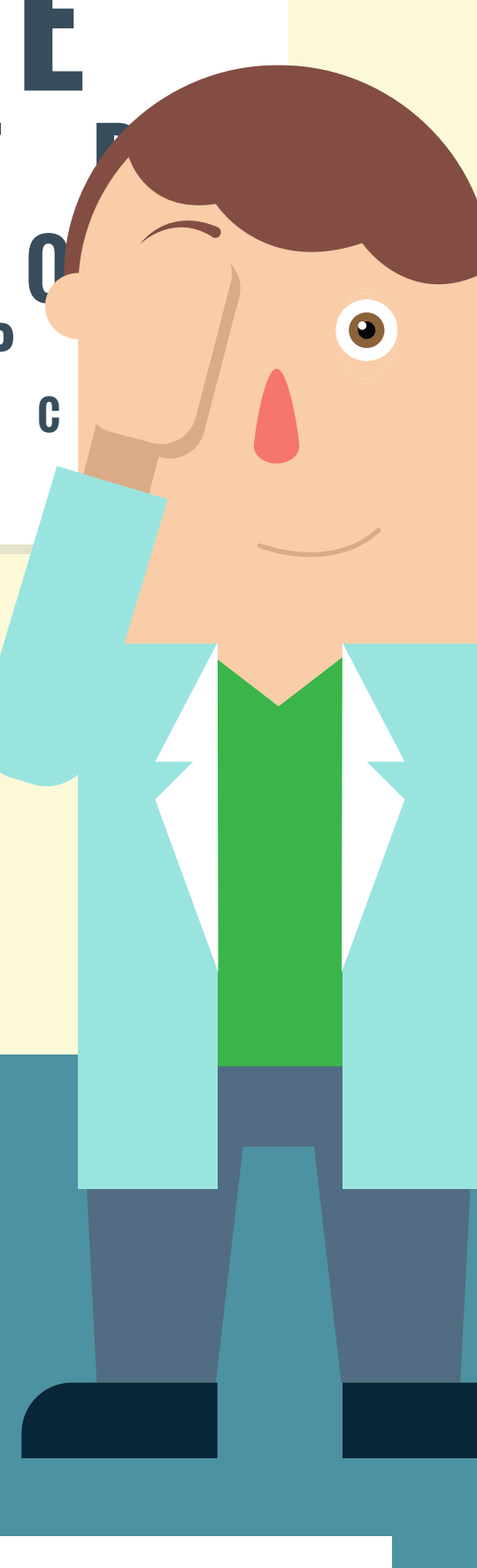
CHILDREN SHOULD HAVE THEIR FIRST EXAM AT 6 MONTHS OLD AND THEN EVERY 2 YEARS AFTER.



ADULTS 18 TO 60 SHOULD HAVE EXAMS EVERY 2 YEARS.



ADULTS 61+ SHOULD HAVE EXAMS ANNUALLY.



HOW MUCH DO EYE EXAMS COST?

Without insurance,
PRICE RANGE \$50 - \$250

EYE EXAMS CAN VARY IN COST DEPENDING ON...

Whether it's performed by **an optometrist** or **ophthalmologist**

- An optometrist corrects vision
- An ophthalmologist deals with diseases of the eye

WHAT TESTS ARE INCLUDED

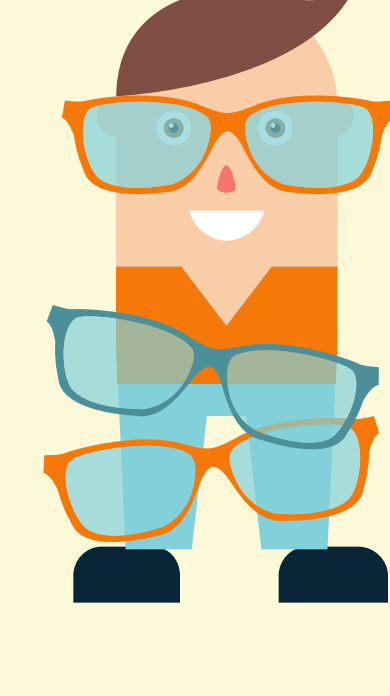
(an eye pressure check, glaucoma, etc)

If it includes contact lenses-fitting

EYEGASSES



\$125 - average retail cost of glasses



7 years old - the average age a person starts wearing glasses

Children go through **two pairs of glasses** a year.



Adults go through a **pair of glasses** once a year.

Insurance company copays range from **\$0 - \$50** for glass lenses.

PRO TIP: Shop for glasses through wholesalers to help save on cost!

CONTACT LENSES



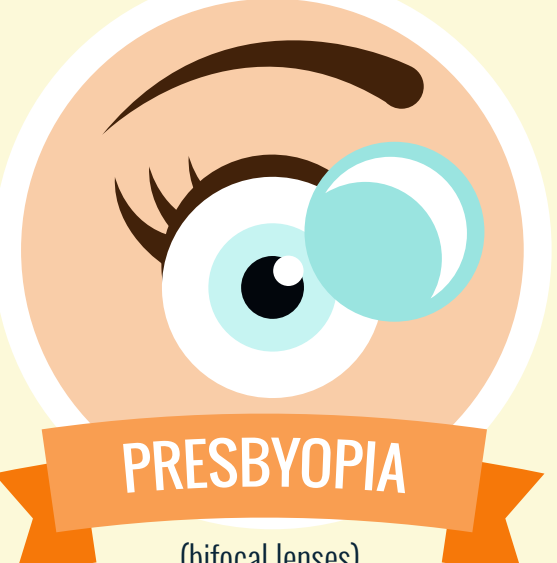
For basic contact lenses that cover nearsightedness, the average cost **\$220 - \$260/year**.
Contact solution costs an average of **\$150 - \$200/year**.

SPECIAL CONTACT LENSES COST MORE, SUCH AS...



ASTIGMATISM

Costs about **\$500 - \$700 a year**



PRESBYOPIA
(bifocal lenses)

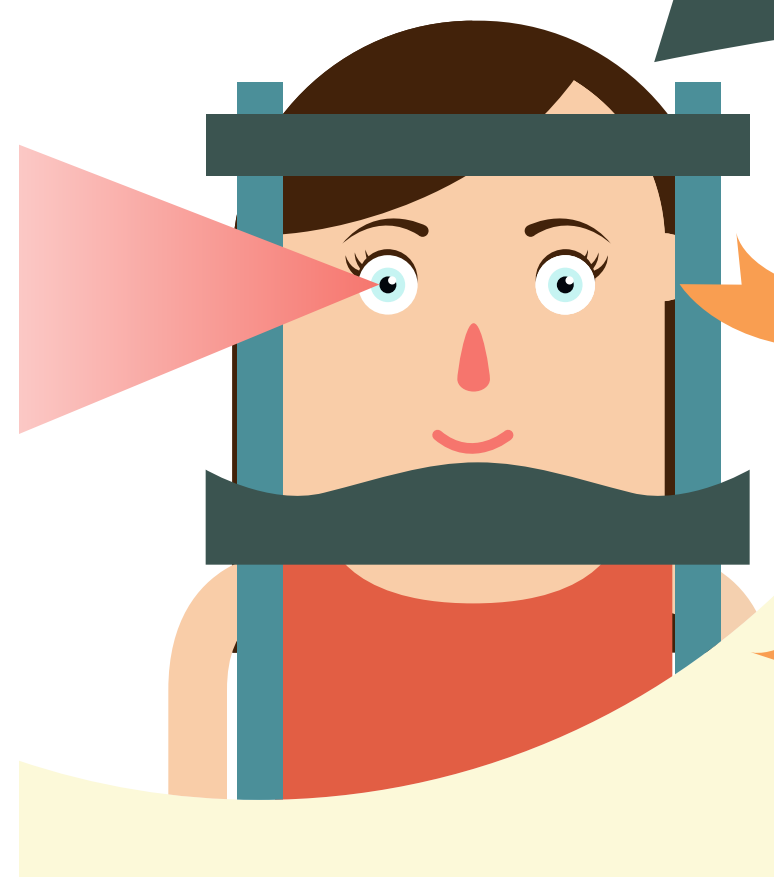
Cost about **\$500 - \$700 a year**



DAILY DISPOSABLE LENSES

Cost about **\$480 - 720 a year**

LASIK EYE SURGERY



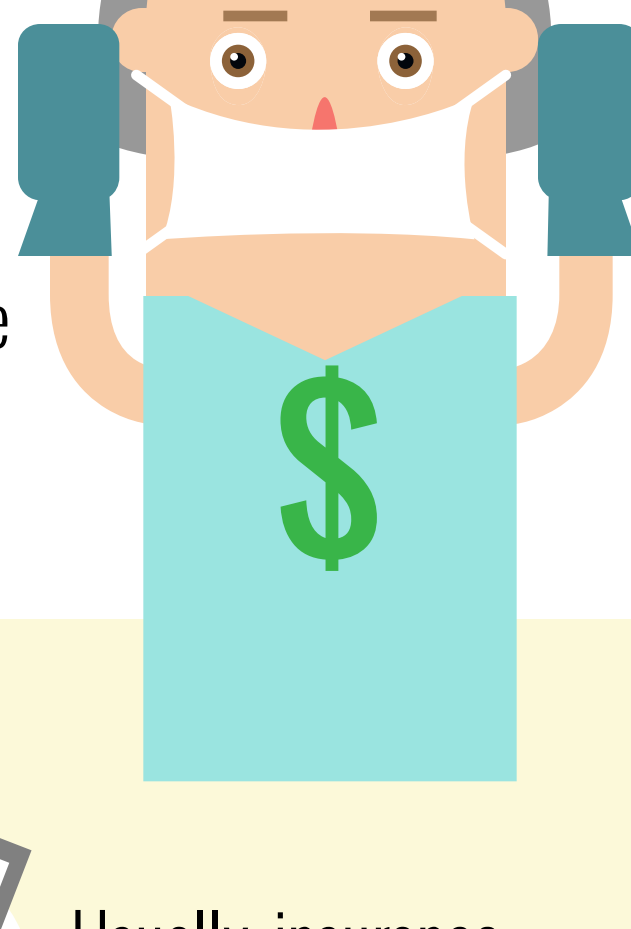
Prices range from as low as **\$299 - \$4,000+ per eye**
Average price for custom bladeless lasik in 2013 was **\$2,500 per eye**

FACTORS THAT AFFECT COST...

Experience of surgeon

Technology used

- Bladeless lasik uses a second laser that raises the price
- Geography
- Higher cost of living = higher surgery cost



WHAT'S INCLUDED



Some surgeons include post-op follow up appointments in the price tag.



Usually, insurance **DOES NOT** cover Lasik.

WHEN IT COMES TO EYE CARE, QUALITY OVER QUANTITY

Never let the price stop you from getting the best care possible. You only have one set of eyes!

When it comes to your personal eye care plan, do the math! Save money in the long run by getting the right insurance, shopping smart for glasses, or saving yourself the time with LASIK.

SOURCES:

[HTTP://VISUAL.LY/LIFETIME-COST-WEARING-GLASSES](http://visual.ly/lifetime-cost-wearing-glasses)

[HTTP://WWW.ALLABOUTVISION.COM/EYE-EXAM/PREPARING.HTM](http://www.allaboutvision.com/eye-exam/preparing.htm)

[HTTP://WWW.LASIK.COM/ARTICLES/YOU-CAN-AFFORD-COST-OF-LASIK/](http://www.lasik.com/articles/you-can-afford-cost-of-lasik/)

[HTTP://WWW.ALLABOUTVISION.COM/CONTACTS/FAQ/CONTACT-COST.HTM](http://www.allaboutvision.com/contacts/faq/contact-cost.htm)