



# HOW CAN

# ABA THERAPY HELP?



Applied behavioral analysis provides the best outcomes for children diagnosed with autism and other neurological and developmental disabilities.

## ABA PROVIDES THE BENEFITS OF:



Language development

Functional play skills

Social skills

Parent training

School Readiness

Potty training

Daily living skills

Behavior management

Appropriate replacement behaviors

### Community Outings

- ▶ Learn to shop with the family
- ▶ Behavior management in a public setting
- ▶ Community safety
- ▶ Hair cuts, doctor's visits, dentist visits etc.
- ▶ Eating at restaurants



### What is ABA?

- » Uses scientific principles or learning and motivation in order to effectively teach. It focuses on the idea that our consequences affect how we learn and our future actions.



### How is ABA used?

- » Research supports that high-quality, intensive therapy programs based on the principles of ABA provide the best outcomes for children diagnosed with autism and other neurological and developmental disabilities.



### Where therapy can happen

#### Center Based

- » Treated by our team of Board Certified Behavior Analysis [BCBAs] and Registered Behavioral Therapists [RBTs] 15-40 hrs per week
- » Play with peers while learning social skills and daily living skills
- » Interact with peers who are dealing with the same difficulties
- » Grow more independent in a safe, caring, and comfortable environment

#### At Home

- » Potty Training
- » Daily Hygiene skills/tasks
- » Appropriately engaging and playing with siblings
- » Completing household tasks/chores
- » Morning/evening

#### School Services

- » Raising Hands to ask/answer questions and or for help
- » Appropriately transitioning from activities, classrooms, and/or teachers
- » Appropriately sitting in seat

